

list of CORE VALUES

- ABUNDANCE
- ACCEPTANCE
- ACCOUNTABILITY
- ACHIEVEMENT
- ADAPTABILITY
- ADVENTURE
- AFFECTION
- ALERTNESS
- ALTRUISM
- AMBITION
- ASSERTIVENESS
- ATTENTIVENESS
- AUTHENTICITY
- AWARENESS
- BALANCE
- BEAUTY
- BOLDNESS
- BRAVERY
- BRILLIANCE
- CALMNESS
- CAPABLE
- CAREFUL
- CARING
- CERTAINTY
- CHALLENGE
- CHANGE

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TRANSFORMATIONAL &
MINDFUL COACHING

- CLEAR
- CLEANLINESS
- CLEVER
- COMFORT
- COMMITMENT
- COMMUNICATION
- COMMUNITY
- COMPASSION
- COMPETENCE
- CONFIDENCE
- CONSISTENCY
- CONTENTMENT
- CONTRIBUTION
- CONTROL
- CONNECTEDNESS
- COOPERATION
- COURAGE
- COURTESY
- CREATIVITY
- DECISIVENESS
- DEDICATION
- DEPENDENCY
- DEVOTION
- DIGNITY
- DISCIPLINE
- DISCOVERY
- DIVERSITY
- DISCOVERY
- DIVERSITY
- ENVIRONMENTAL
- EDUCATION

- EFFECTIVENESS
- EQUALITY
- ETHICAL
- EXCELLENCE
- EXCITEMENT
- EXPERIENCE
- EFFICIENCY
- ELEGANCE
- EMPATHY
- ENDURANCE
- ENERGY
- ENJOYMENT

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- ENTHUSIASM
- EXPERTISE
- EXPLORATION
- FAIRNESS
- FAITH
- FAME
- FAMILY
- FEARLESSNESS
- FIDELITY
- FITNESS
- FOCUS
- FORESIGHT
- FORGIVENESS
- FREEDOM
- FRIENDSHIP
- FUN

- GENEROSITY
- GRACE
- GRATITUDE
- GROWTH
- HAPPINESS
- HARD WORK
- HARMONY
- HEALTH
- HELPING OTHERS
- HONESTY
- HUMOUR
- IMAGINATION
- IMPROVEMENT
- INDEPENDENCE
- INDIVIDUALITY
- INFLUENCE OTHERS
- INNER HARMONY
- INITIATIVE
- INSIGHTFUL
- INSPIRING
- INTEGRITY
- INTELLIGENCE
- INTUITION
- INVOLVEMENT
- IMAGINATION
- IMPROVEMENT
- INDEPENDENCE
- INDIVIDUALITY
- INFLUENCE OTHERS
- INNER HARMONY
- INNOVATION
- INSIGHTFUL
- INSPIRING
- INTEGRITY
- INTELLIGENCE
- INTUITION

- INVOLVEMENT
- JOY
- JUSTICE
- KINDNESS

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TRANSFORMATIONAL & MINDFUL
COACHING

- LOYALTY
- MEANINGFUL WORK
- MOTIVATION
- MONEY
- MORALITY
- MOTIVATION
- MASTERY
- MYSTERY
- NATURE
- OBEDIENCE
- OPENNESS
- OPTIMISM
- ORDER
- ORGANIZATION
- ORIGINALITY
- PASSION
- PATIENCE
- PARENTING
- PEACE
- PERSONAL EXPRESSION
- PERSONAL FULFILLMENT
- PLAYFULNESS
- PLEASURE
- POWER
- POSITIVITY
- PRIDE

- PRODUCTIVITY
- PROFESSIONALISM
- PROSPERITY
- PURPOSE
- QUALITY
- RADIANCE
- RECOGNITION
- RELATIONSHIPS
- RELIGION
- REPUTATION
- RESPECT
- RESPONSIBILITY
- RESTRAINT
- RESULTS-ORIENTED
- RISK
- RIGOR
- SAFETY & SECURITY
- SELF-ACTUALISATION
- SELF-DEVELOPMENT
- SELF-EXPRESSION
- SELF-RESPECT
- SELFLESSNESS
- SENSITIVITY
- SENSIBILITY
- SENSUALITY
- SERENITY
- SERVICE
- SEXUALITY
- SOPHISTICATION
- SHARING
- SILENCE
- SIMPLICITY
- SINCERITY
- SKILLFULNESS
- SOLITUDE
- SPIRITUALITY

- SPORTSMANSHIP
- STABILITY
- STATUS
- STRENGTH
- STRUCTURE
- SUCCESS
- SUPPORT
- SURPRISE
- SUSTAINIBILITY
- TEACHING
- TEAM-WORK
- THANKKFUL
- THOUGHTFUL
- TIMELINESS
- TOLERANCE
- TOUGHNESS
- TRANQUILITY
- TRUSTWORTHY
- UNDERSTANDING
- UNIQUENESS
- UNITY
- VARIETY
- VISISONARY
- VITALITY
- WEALTH
- WINNING
- WISDOM

CHOOSE YOUR 10 CORE VALUES:

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CHOOSE 5 out of your 10 CORE VALUES:

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CHOOSE 2 out of your 5 CORE VALUES:

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● **WRITE DOWN YOUR OWN:**

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